

Health Navigators Videos Available on KDHENet

In response to the informational workshops last month, the Health Navigators program has made great strides and seems to be taking shape. Please use this opportunity to improve your health by taking advantage of the available videos on KDHENet of the June 22 and 23 Health Navigators sessions.

The Health Navigators program, a component of the KDHE Employee Wellness Initiative to improve health and reduce risk of chronic disease, utilizes a suite of services to support health improvement. The goal of Health Navigators is a transformative change not only for KDHE employees, but also for the agency as a whole. By participating, staff members will save on future health and financial costs.

As a defender and supporter of public health, KDHE should strive to be a model for workplace wellness. Please visit <http://kdhenet> and click on the [Health Navigators Video](#) link. When you are done watching the video, select [Yes – I will participate](#) or [No – I don't want to participate](#). If you chose to participate, you will be directed to complete a brief health assessment questionnaire.

Thank you for your ongoing commitment to quality of service and quality of life for all KDHE employees.